



# ***TRANSFORM***

## ***JIU-JITSU ACADEMY***

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6:00am-7:00am Adult Gi - All Levels		6:00am-7:00am Adult Gi - All Levels		6:00am-7:00am Adult Gi - All Levels	
10:00am - 11:00am Open Mat						9:00am - 10:00am Competition Prep All Students
	5:00pm-5:50pm All Kids Gi (3-16)	5:00pm-5:50pm All Kids Gi (3-16)	5:00pm-5:50pm All Kids Gi (3-16)	5:00pm-5:50pm All Kids Gi (3-16)		
	6:00pm-7:00pm Adult Gi - All Levels	6:00pm-6:30pm Competition Prep Kids Gi (6+)	6:00pm-7:00pm Adult Gi - All Levels		6:00pm-7:00pm Adult Gi - All Levels	
	7:00pm - 7:45pm Open Mat	7:00pm-8:00pm Adult Gi - All Levels	7:00pm - 7:45pm Open Mat	7:00pm-8:00pm Adult Gi - All Levels		

***As of April 14, 2025***